SHARED BY PENDER COUNTY **RECIPE CARD**

M52593 - ORI ChixPop Org Broc WG 2.0

aramark

Comments:

Cafe\Entree's

Serving Size:	8 fl oz		HACCP Rule:	#3 C	#3 Complex Food		
Serving Size.	01102	Cooking Temp:	Convection	°F	Standard (°F/°C)	Preparation °F	
Amount Needed:	3 gal, 3 qt, 1 cup	Information:					
Cooking Equipment:		Internal Temperature:	Min	۴	Max	°F	
Serving Utensil:	8 OZ SPOODLE SOLID	Serving Temperature:	Min	140 °F	Max	165 °F	
Serving Pan:	HALF STEAM TABLE PAN 2" (12" x 10")	Holding Time:		0 Hrs. 0 Mins.			
Recipe Type:	POULTRY - STEWS/CHILI/STIR-FRY		Recipe Category:	ENTREES			
Pre-Production	Instructions		A set and a set of a			A CASH AND	

Ingredients	Modowice		
BASE			
M52700 COND_Sauce, Orange SS TBSP	2 qt, 2 1/4 cup		
ONIONS, YELLOW - TRIMMED, DICED	10 1/8 ozw		
PEPPERS, GREEN FRESH - SEEDED, DICED	5 lb, 1 1/4 ozw		
BROCCOLI, CUT FROZEN - THAWED, CHOPPED	5 lb, 11 1/2 ozw		
CHICKEN POPCORN, BREADED FC WG	13 lb, 4 3/4 ozw		
GARLIC, CHOPPED IN WATER	2 1/2 ozw		
SPICE, PEPPER RED CRUSHED	2 1/2 tsp		
SAUCE, SOY LS	1/4 cup, 1 tbl		
Group Instructions:			

Assembly Instructions

Prepare sub-assembly recipe(s).

CCP: Hold at 140 F or higher for service.

Onion - cut into 1/2 inch squares Peppers - seed, cut into 1/2 inch squares Broccoli - thaw, drain

CCP: Hold at 41 F or lower for service.

Preheat conv oven to 375 F or std oven to 425 F. On parchment-lined sheet pan(s), place frozen chicken in single layer. Bake until internal temperature reaches 140 F for 15 seconds, conv oven 6-8 minutes or std oven 8-10 minutes. CCP: Heat to 140 F for 15 seconds. CCP: Hold at 140 F or higher for service. Cover. Keep hot for service.

In saute pan coated with cooking spray over medium-high heat. Add onion, peppers and garlic. Stir-fry until tender-crisp, 2-3 minutes. Add broccoli. Stir-fry 1-2 minutes. Add chili flakes, soy sauce and orange sauce. Cook until heated to 140 F , 2-3 minutes. Add chicken. Toss to mix

CCP: Heat to 140 F for at least 15 seconds. CCP: Hold at 140 F or higher for service.

Distributions				Contraction of the second	The second second	
Amount	Station	Sub-assembly of	Serving Size	Date	Meal Period	No of Portions
3 gal, 3 qt, 1 cup	Entree's		8 fl oz		Lunch	61
Nutritional Inf	ormation (Pe	er Serving)				
Calories (kcal)		Saturated Fat (g)	% of Calories From Sat Fat		Sodium (mg)	
356.794		2.835	7.151 %		556.620	

* Some values for this nutrient are unavailable; the number listed is incomplete.

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