

## Top 25 Native Pollinator Plants for North Carolina

[www.carolinapollinatorgarden.org](http://www.carolinapollinatorgarden.org)

### Spring Blooming:

- Wild indigo (*Baptisia* spp.)
- Virginia spiderwort (*Tradescantia virginiana*) – spring-fall
- Purple coneflower (*Echinacea purpurea*) - late spring-summer
- Stoke's aster (*Stokesia laevis* 'Peachie's Pick') - late spring-summer
- Lanceleaf blanketflower (*Gaillardia aestivalis*) – spring-fall
- Bee balm (*Monarda* spp.) - late spring-summer
- Foxglove beardtongue (*Penstemon digitalis*) – spring-summer
- Golden Alexander (*Zizia aurea*)

### Summer Blooming:

- Milkweeds (*Asclepias tuberosa*, *A. incarnata*, and other species)
- New Jersey tea (*Ceanothus americanus*)
- St. John's wort (*Hypericum frondosum*)
- Great blue lobelia (*Lobelia siphilitica*)
- Blazing star (*Liatris spicata*)
- Rattlesnake master (*Eryngium yuccifolium*)
- Mountain mint (*Pycnanthemum* spp.)

- Buttonbush (*Cephalanthus occidentalis*)
- Blue vervain (*Verbena hastata*)
- Culver's root (*Veronicastrum virginicum*)

### Fall Blooming:

- Spotted horsemint (*Monarda punctata*)
- Asters (*Symphyotricum* spp.)
- Climbing aster (*Ampelaster carolinianus*)
- Joe-pye weed (*Eupatorium dubium*)
- Boneset (*Eupatorium perfoliatum*)
- Goldenrod (*Solidago* spp.)
- New York ironweed (*Vernonia noveboracensis*)

### Websites & Social Media:

- Pollinator Paradise Garden: [carolinapollinatorgarden.org](http://carolinapollinatorgarden.org)
- Growing Small Farms Website: [www.growingsmallfarms.org](http://www.growingsmallfarms.org)
- Facebook: [www.facebook.com/debbie.roos.nc](http://www.facebook.com/debbie.roos.nc)
- Twitter: @GrowSmallFarms
- Instagram: Debbie.Roos

OVER FOR SUPPLIERS

Prepared by:

**Debbie Roos**, Sustainable Agriculture Agent  
NC Cooperative Extension—Chatham County Center

**NATIVE PLANT & SEED SUPPLIERS:**

**Applewood Seed Co.**

303-431-7333; Arvada, CO

<http://www.applewoodseed.com>

*flower, herb, and grass seeds for wildflower meadows*

**Big Bloomers Flower Farm**

Sanford, NC; 919-776-6597

<http://www.bigbloomersflowerfarm.com>

*retail nursery with a wide assortment of perennials, shrubs, herbs, and annuals*

**Cure Nursery**

Pittsboro, NC; 919-542-6186

<http://www.curenursery.com>

*container grown native trees, shrubs, and perennials; wholesale, retail by appointment only*

**Ernst Conservation Seeds**

Meadville, PA; 800-873-3321

<http://www.ernstseed.com>

*native pollinator seed mixes*

**Growing Wild Nursery**

Siler City, NC; 919-200-2677

<http://www.growingwildnursery.com>

*on-line nursery selling native perennials*

**Mellow Marsh Farm**

Siler City, NC; 919-742-1200

<http://www.mellowmarshfarm.com>

*container grown native plants and pollinator seed mix; wholesale, retail by appointment only*

**Niche Gardens**

Chapel Hill, NC; 919-967-0078

<http://www.nichegardens.com>

*retail nursery with container grown perennials, trees, shrubs, and vines; they ship nationally*

**North Carolina Botanical Garden**

Chapel Hill, NC; 919-962-0522

<http://ncbg.unc.edu>

*native perennials, trees, shrubs, vines, and grasses*

**Roundstone Native Seed**

Upton, KY; 270-531-2353

<http://roundstoneseed.com>